

Josephine E. Oldham

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FORMAL EDUCATION

Master of Social Work from The University of Denver (2008)
Bachelor's Degree in Human Development and Family Studies with a Minor in Communications from the University of Wisconsin-Stout (2000)

PROFESSIONAL TRAINING

- Gottman Method Couples Therapy, Level 1 Training
 - Veteran's Administration Certified in Cognitive Processing Therapy
 - Dialectical Behavior Therapy for Full Model provided by DBT Associates in Minneapolis, MN.
 - Certified in Moral Reconciliation Therapy
 - Veteran's Administration Certified in Motivational Interviewing.
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PROFESSIONAL EXPERIENCE

Owner/Private Practice Clinician

Mosaic Mental Wellness

March 2016-Present
Wichita, KS

- Providing individual, couples, and group therapy using evidence based practices.
- Developed business plans and procedures according to Kansas State Law, the Kansas Behavioral Sciences Regulatory Board, and the National Association of Social Work Practice.
- Assisted in developing marketing strategies and carrying those out within the community.

Clinical Social Worker, Therapy Services Team

Present Robert J. Dole VA Medical Center
KS

April 2014-
Wichita,

- Military Sexual Trauma Coordinator acting as a liaison for the Robert J. Dole VA to the National Office in the area of Military Sexual Trauma.
- Thoroughly assess and diagnose new patients in Behavioral Health.
- Provide individual and group therapy to victims of Military Sexual Trauma.
- Provide Evidenced Based Practices to Veterans and their families.
- Implement Cognitive Processing Therapy in group and individual sessions.
- Implement Dialectical Behavior Therapy in group and individual sessions.
- Train community and staff on issues related to Military Sexual Trauma.
- Facilitate community outreach regarding Military Sexual Trauma and all services provided at the VA.

HUD/VASH Social Worker

Robert J. Dole VA Medical Center

February 2010-April 2014

Wichita, KS

- HUD/VASH Case Manager; working with homeless Veterans to secure housing in the community.
- Provide individual counseling, in the office and in-home, to support people as they transition into permanent housing.
- Specialized in working with women and families. Participated in the Women's Clinic Services within the hospital.
- Military Sexual Trauma Coordinator working with individuals to ensure appropriate services are received. Act as a liaison for the Robert J. Dole VA to the National Office in the area of Military Sexual Trauma.
- Train community and staff on issues related to Military Sexual Trauma.

Director of Federal Programs

Mirror, Inc.

August 2008 – February 2010

Wichita, KS

- Provided ongoing information, education and support to residents leaving the prison system facing many challenges that included: reuniting with family, addictions, mental health issues, and trauma.
- Counseled adult male and female residents with a mental health diagnoses and assisted them in coordinating services with the mental health provider, the Federal Bureau of Prisons, and their drug and alcohol treatment provider.
- Developed a multi-dimensional life skills group to assist female inmates in their own reintegration into their family and community.

Owner/Private Practice Therapist

2008

PAWS, LLC

September 2007 – July,

Fort Collins, CO

- Developed a brief, solution focused, animal-assisted therapy program targeted at children and families involved with the Larimer County child protection system.
- Provided weekly in-home, strengths based therapeutic services with children and families that were dealing with addiction, physical and sexual abuse, Attention Deficit Disorder, depression, adoption and attachment issues, divorce and other trauma related events.
- Worked diligently with individuals and families to honor their culture and further develop their cultural identity within their family system.

Ongoing Social Caseworker

Larimer County

April 2001-August 2007

Fort Collins, CO

- Assessed families for services and implemented those services.
- Supervised new employees in training and bachelor and master's level interns.
- Composed Dependency and Neglect petitions, Family Treatment plans, and other various motions to the court.
- Coordinated meetings with various professionals, individuals and their families to generate a complete and thorough case plan.

- Assessed adolescents and their families for services they needed to become positive, contributing members of the community.

CAC Program Coordinator
A Kid's Place

December 2000-April 2001
Greeley, CO

- Organized and led trainings for attorneys, police officers, social caseworkers, and other professionals dealing with perpetrators and victims of severe child trauma.
- Prepared thorough grant applications and quarterly reports.
- Applied knowledge of family dynamics and crisis interventions to assist clients that were victims of sexual abuse.

PRESENTATION AND TEACHING EXPERIENCE:

Robert J. Dole Veteran's Administration Medical Center February 2010-Present

- Developed and shared presentations on Military Sexual Trauma for staff and community members.
- Developed and implemented presentation on staff self-care and vicarious trauma.
- Presented to community providers in the VA clinic areas, including local hospitals, and domestic violence and sexual assault centers.

Wichita State University, Adjunct Faculty 2017-present

Presenter for the National Conference on Military Sexual Trauma June 2017

Presenter at The University of Oklahoma on Military Sexual Trauma May 2016

Presenter for the VA Mental Health Summit September 2016

Presenter at Kansas National Guard on Military Sexual Trauma February 2015

Presenter at WSU Power Conference on Military Sexual Trauma March 2013

CERTIFICATES

- **Licensed Specialist Clinical Social Worker** in the State of Kansas (4308).
- **Certificate in Animal-Assisted Therapy.**